

MONDARIZ MINERAL WATER

Galicia, Spain



Flat and Sparkling
Formats 35x330ml & 15x750ml

Mondariz is a low mineral water whose mineral composition elevates its health benefits. The history of Mondariz revolves around the commercial exploitation of its medicinal mineral water, which obtained public utility status in 1873.

The spring is located in the town of Mondariz Balneario, Pontevedra (Spain) within a protected area of countryside, where water is filtered through underlying layers of granite, giving it a unique texture and flavour. Studies carried out show that water remains in the aquifer for a period of between 60 and 150 years before gushing out at a constant temperature all year round.

The person who first discovered the Mondariz waters was local Dr. Domingo Blanco Lage, who observed how the local people healed their dermatological injuries using

these waters. Then he started to recommend the water within his medical profession for therapeutic purposes.

Since its early days, the story of Aguas de Mondariz has revolved around exploiting its mineral-medicinal waters. In 1873, a declaration of public utility for Mondariz water was obtained and since 1877, the mineral water has been bottled at its factory, which is currently located in the building next to the spring. For many years, the company operated alongside the Spa, which is the most modern spa-therapy centre in Galicia, located in the beautiful valley of the river Tea. Growing demand from bathers visiting the Spa was decisive in the decision to commence bottling and selling water from its springs.

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